

Wraps & Salads



19 Great Locations*

OPEN 7 DAYS

FRESH, DELICIOUS AND NUTRITIOUS! CHOOSE BETWEEN TOMATO BASIL, SPINACH HERB, OR WHOLE WHEAT WRAPS

Chicken Caesar Wrap

Tender chicken breast, shredded provolone and mozzarella cheese, caesar dressing and romaine lettuce

Spicy Turkey Wrap

Thin sliced smoked turkey breast with shredded cheddar cheese, tomato slice, romaine lettuce and a spicy sauce

White Albacore Tuna Wrap

White albacore tuna, fat free mayonnaise, shredded carrots, sliced celery, chopped romaine and cucumber

PB & G

Peanut butter, sliced bananas, honey, crunchy granola and low-fat vanilla yogurt rolled into a whole wheat flour tortilla wrap. Great for breakfast or anytime.

Veggie Wrap

Romaine lettuce, carrots, cucumbers, tomatoes, choice of cheese and dressing

Roast Beef with Horseradish

Lean roast beef, sliced provolone cheese, fat free mayonnaise and horseradish sauce, tomato slice and romaine lettuce

Asian Chicken Wrap

Tender chicken breast, cucumber, shredded carrots, romaine lettuce and non-fat sesame ginger dressing

Honey Mustard Chicken Wrap

Tender chicken breast, tomato, romaine lettuce, cheddar cheese and low-fat honey mustard dressing

Pulp Club

Turkey breast, roast beef, shredded provolone and mozzarella cheese, tomato, romaine lettuce and fat-free mayonnaise

Garden Salad

Romaine lettuce, choice of cheese and dressing, tomato slice, shredded carrots, and cucumber. ADD WHITE ALBACORE TUNA OR CHICKEN BREAST



Energy Bowls

Acai Bowl ... Acai, fresh banana and granola (ADD PEANUT BUTTER OR BLUEBERRIES FOR .50)

PB & G Bowl ... Our famous PB & G wrap served in a bowl, peanut butter, fresh banana, granola, honey and yogurt (ADD BLUEBERRIES FOR .50)

Akron, OH

278 E. Exchange St.
Akron, OH 44304
(330) 258-5020

Arlington Rd, OH

2863 S. Arlington Rd.
Akron, OH 44312
(234) 312-9443

Cranberry Twp, PA

20018 US 19
Cranberry Twp., PA 16066
(724) 776-3500

Cuyahoga Falls, OH

1210 Buchholzer Blvd.
Cuyahoga Falls, OH 44221
(330) 920-4220

Delaware, OH

173 S. Sandusky St.
Delaware, OH 43015
(740) 369-PULP

Fairlawn, OH (Coming Soon)

2279 West Market St.
Akron, OH 44313

Hilliard, OH

3664 Fishinger Blvd.
Hilliard, OH 43026
(614) 655-PULP

Independence, OH

6901 Rockside Rd.
Independence, OH 44131
(216) 264-4263

Kent, OH

1708 E. Main St.
Kent, OH 44240
(330) 677-0355

Macedonia, OH

746 East Aurora Rd.
Macedonia, OH 44056
(330) 467-0022

Mayfield, OH

5876 Mayfield Rd.
Mayfield Heights, OH 44124
(440) 646-1916

Mentor, OH

9227 Mentor Ave.
Mentor, OH 44060
(440) 266-0900

North Canton, OH

6702 Strip Ave.
North Canton OH 44720
(330) 244-9167

Parma, OH

7727 W. Ridgewood Dr.
Parma, OH 44129
(440) 345-5055

Rock Hill, SC

1525 Celanese Rd.
Rock Hill, SC 29732
(803) 327-7857

Streetsboro, OH

9293 State Route 43
Streetsboro, OH 44241
(330) 626-5744

Strongsville, OH

15037 Pearl Rd.
Strongsville, OH 44136
(440) 268-6650

Willoughby, OH

4829 Robinhood Dr.
Willoughby, OH 44094
(440) 269-1354

Wooster, OH

3853 Burbank Rd.
Wooster, OH 44691
(234) 249-0999

* includes Coming Soon Locations

Fresh Juice/WheatGrass

FRESH SQUEEZED JUICE

See individual store for selection of fruit and veggie juices available.

WHEATGRASS

Wheatgrass is mineral-rich - containing 92 minerals! Try our Wheatgrass in 1 oz. and 2 oz. shots.



Become a Pulp Fan on Facebook!



PULP

JUICE AND SMOOTHIE BAR

Interested in owning your own Pulp franchise? Visit our website or call (330) 256-2950

PulpJuiceandSmoothie.com

Classic Smoothies

Raspberry Harmony ... Apple juice, raspberries, bananas, raspberry sherbet

Peach Beach ... Apple juice, peaches, bananas, orange sherbet, yogurt

Blueberry Heaven ... Apple juice, strawberry juice, blueberries, bananas, orange sherbet

Cranberry Fix ... Cranberry juice, blueberries, strawberries, bananas, raspberry sherbet, yogurt

The Strawberry Banana ... Strawberry juice, pineapple juice, bananas, strawberries, yogurt

Anna Banana ... Guava juice, pineapple juice, bananas, honey, yogurt

Pulp Swirl ... Apple juice, blueberries, peaches, orange sherbet, raspberry sherbet

Three Berry ... Strawberry juice, blueberries, strawberries, raspberries, raspberry sherbet

Strawberry Extreme ... Strawberry juice, strawberries, pineapple sherbet, yogurt

Tropical Smoothies

Pulp Passion ... Passionfruit-mango juice, pineapple juice, strawberries, peaches, orange sherbet

Island Cruiser ... Passionfruit-mango juice, bananas, mangos, orange sherbet

Tropical Blast ... Papaya juice, pineapple juice, strawberries, bananas, orange sherbet, pineapple sherbet

Mango Tango ... Papaya juice, passionfruit-mango juice, mangos, orange sherbet

Elite Eight ... Strawberry juice, pineapple juice, strawberries, peaches, mangos, orange sherbet

Pulp-Coolada ... Pineapple juice, pineapples, bananas, coconut, pineapple sherbet

Citrus Smoothies

Orange Chill ... Fresh squeezed orange juice, bananas, mangos, peaches, orange sherbet, yogurt

Citrus Berry ... Fresh squeezed orange juice, cranberry juice, strawberries, blueberries, raspberries, raspberry sherbet, yogurt

Samma Jamma ... Fresh squeezed orange juice, strawberries, bananas, orange sherbet, yogurt

Veggie 'n' Greens Smoothies

Kale KA-POW! ... Pineapple juice, kale, mangos, strawberries with our Greens blend*

Carrot Chop ... Orange juice, carrots, mangos, peaches, yogurt

Beet Bada-Boom ... Strawberry Juice, beet, strawberries, blueberries

Matcha Match ... Almond Milk, Matcha Green Tea, kale, bananas, yogurt with our Greens blend*

* Greens blend includes flax seed, alfalfa, barley grass, wheat grass, spirulina and chlorella

Soy Smoothies

Soy Strawberry Banana ... Strawberry juice, strawberries, bananas, soy milk (SUBSTITUTE ALMOND MILK FOR .50)

Soy Blueberry ... Apple juice, blueberries, bananas, soy milk (SUBSTITUTE ALMOND MILK FOR .50)

Soy Peach ... Apple juice, peaches, bananas, soy milk (SUBSTITUTE ALMOND MILK FOR .50)

Pulp Enhancers*

One FREE Pulp Enhancer with any Smoothie

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|---------------|-------------------|
| Energy | Stress Eliminator |
| Immunity | Fiber Blend |
| Smart Blend | Hangover Relief |
| Vitamin Blend | Whey Protein |
| Fat Burner | Soy Protein |

* Pulp Enhancers are not for use by pregnant or lactating women. As with all supplements, those with medical conditions should consult a physician before using.

High-Energy Smoothies

Mango Bomb ... Choice of regular or sugar-free Red Bull, mangos, peaches, orange sherbet

Pulp Fusion ... Choice of regular or sugar-free Red Bull, strawberries, bananas, orange sherbet

Raging Berry ... Choice of regular or sugar-free Red Bull, strawberries, raspberries, blueberries, raspberry sherbet



Super Smoothies

Guava Burner ... Guava juice, mangos, strawberries, bananas, orange sherbet with fat burner and fiber blend enhancers

Protein Packer (40 grams of protein) ... Soy milk, peanut butter, chocolate, bananas, yogurt with whey and soy protein (SUBSTITUTE ALMOND MILK FOR .50)

Green Tea Smoothie ... Premium Matcha Green Tea, soy milk, and yogurt (SUBSTITUTE ALMOND MILK FOR .50)

Cram Session ... Fresh squeezed orange juice, bananas, strawberries, peaches, orange sherbet, yogurt with energy and smart blend enhancers

Anti-Oxiberry ... Acai, pomegranate, blueberry, yerba mate tea, yogurt

Hangover Relief ... Apple juice, peaches, bananas, orange sherbet with energy and hangover relief enhancers